

Saratoga P.L.A.N. Presents the original "Preserve Passport"

A fun educational program that encourages children of all ages to get outside and explore our beautiful nature preserves.



A pocket-sized "passport" offered to area children for 11 public preserves and trails that are open for hiking and nature study. We encourage families and children of all ages to get out and explore our nature preserves scattered throughout Saratoga County.

The Preserve Passport includes:

- Preserve descriptions
- Driving directions
- An area for children to stamp for each preserve

Rubber stamps and inkpads have been located at each preserve in a hidden "letterbox." Children will use a set of nature-based clues posted at the site or downloaded from P.L.A.N.'s website to find the boxes. When children fill their Preserve

Passport by visiting at least 5 of our nature preserves, they will become eligible for a free Saratoga P.L.A.N. T-Shirt.



Saratoga P.L.A.N. is partnering with local scout troops and 4-H Clubs and promoting the program to school children and home-schooled children in the area. It is well known that today's children spend too much time inside. Research shows that children who spend quality time outside are less susceptible to obesity, have lower stress levels, develop stronger immune systems, experience fewer symptoms of ADD, and have a greater respect for themselves, others and the environment. This program will give area youth an incentive to spend much needed time outdoors with family and friends and offer a free, fun educational way for children and their families to explore and learn about nature.





The Saratoga P.L.A.N. 2012 Preserve Passport Program is sponsored by Anthony and Nicholas Mitola, and a grant from the Nordlys Foundation.

For more information visit www.saratogaplan.org or Find us on Facebook. facebook.com/saratogaplan



Saratoga P.L.A.N. is a not-for-profit land trust. P.L.A.N. has conserved over 3,387 acres of farmland, forests, natural habitats, trail corridors, historic places and water resources in Saratoga County. Saratoga P.L.A.N. helps communities make long-term decisions to sustain the Saratoga Region as a great place to live. For more information on Saratoga P.L.A.N. please call 518-587-5554 or visit www.saratogaplan.org.